



Region 7 Soo Bahk Do Dan Test Information and Planning Page For Instructors and Testing Candidates

(This document is informational only and does NOT need to be handed in to the Regional Examiners with testing packet)

Studio Owners / Instructors: Please inform ALL Regional Examiners, in writing, about each of your candidates at least 60 days prior to the scheduled Dan Test.

• Requirement: email final **essays** to ALL Regional Examiners two weeks prior to the test. A paper copy must also be included in the final packet.

Regional Examiners:

Jack Kelly Sa Bom Nim
121 East Elmwood Place
Minneapolis, MN 55419
(612) 822-5450

john.kelly@ci.minneapolis.mn.us

Dave Billings Sa Bom Nim
20070 Gladiola St. NW
Oak Grove, MN 55011
(763) 753-8740

david.billings@ILTinc.com

Candidates:

All requirements listed below must be completed prior to testing eligibility.

- ___ Visit Regional Examiners' Do Jangs (see your personal instructor for details).
- ___ Check to ensure you have met minimum active time and GUP ID requirements.
- Photos will be handled at the actual Dan test 30 minutes prior to testing – please have your **GUP ID** number memorized (including candidates for 2nd and 3rd Dan!!!) This is important to assist in submitting digital photos to Headquarters (photos are electronically named your “Gup ID Number”).
- The following documents are ONLINE and must be part of the packet: (see instructor to obtain on-line documents)
 - “1 Region 7 Candidate App and Checklist.doc”
 - “2 Dan Shimsa Instructors Recommendation.doc”
 - “3 Dan Rank Application and exam 2007.pdf”
 - “4 Region 7 Participation Log.doc”
 - “VOL1 CHO Dan Study Guide.pdf” / “VOL1 EE Dan Study Guide.pdf” / “VOL1 SAM Dan Study Guide.pdf”

Essay Questions: (all essays must contain a cover page including candidate's name, test date, instructor and essay title)

Cho Dan: What Soo Bahk Do means to me.

E Dan: What does your Dan Bon mean to you and how does it relate to the Moo Duk Kwan and its discipline?

Sam Dan: Describe the essential characteristics of Soo Bahk Do Moo Duk Kwan which make it unique and differentiates it from all other styles.

***Additional Question for All Rank Candidates** (include with packet as separate essay / cover page):

Please cite your personal Vision participation and Vision contributions that you have made during your training career and how they have helped achieve measurable success toward vision objectives.

Kyo Sa: Kyo Sa Kit

Deadline: The deadline to submit the required paperwork to J. Kelly Sa Bom Nim is **2 weeks prior to the test**. Kelly Sa Bom Nim recommends submitting paperwork **30 days prior to the test**, in case changes need to be made. Please remember to email your final copies of essays to ALL Regional Examiners.